



# গড়গাঁও মহাবিদ্যালয়

## GARGAON COLLEGE

NAAC accredited with 'B' Grade

### WORLD AIDS DAY





## World Aids Day

**Date: 01 December 2022**

### **Organizers:**

NSS Unit, Eco Club and IQAC; Gargaon College.

### **Significance of the Day:**

World Aids Day is observed every year on 1st December since 1988 to raising awareness of the Aids pandemic which is caused by HIV infection. It is an International Day dedicated and mourning those who have died of this disease.

### **About the program/Details of the Program:**

The Gargaon College NSS Unit in collaboration with Eco Club and IQAC organized World AIDS Day on 1st December, 2022. The awareness programme conducted by the NSS Unit of the college aimed at making the people aware of causes, symptoms, treatment and prevention of AIDS. The programme was held on the theme 'Equalize' given by the World Health Organization for this year, 2022. The programme was moderated by Dr. Rimjim Borah, NSS Programme Officer and Assistant Professor of Economics Department, Gargaon College. Mr. Diganta Konwar, Associate Professor of Physics Department and Dr. Chirantan Bhagawati, Assistant Professor of Geology Department, Gargaon College acted as resource persons and delivered informative talks related to the theme. Firstly, Dr. Chirantan Bhagawati delivered a brief talk on Impact of Climate Change on Socio-Economic Conditions and its Influence on Emergence of HIV AIDS. In his deliberation, Dr. Bhagawati highlighted on the importance of the celebration of World AIDS Day following the theme of this year which is 'Equalize'. He also spoke on the effect of the disease which has taken unprecedented number of lives and call for an increased response to speak out against HIV stigma. Climate change has worked as an important factor in affecting the disease, Dr. Bhagawati said. He also stressed on to create awareness among people to equalize from socio-economic perspective.



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The next speaker, Mr. Diganta Konwar delivered a speech on 'A Holistic Approach to Healthy Living'. He spoke on the five dimensions of holistic health mainly Physical, Intellectual, Emotional, Social and Spiritual which are key to holistic approach to healthy living. He also spoke on the health benefit to mindfulness as well as mindfulness techniques. Addressing the five dimensions of wellness, he said, builds a holistic sense of wellness and fulfillment in our lives. Mr. Konwar concluded his speech by mentioning about the consequences of stress. Dr. Sabyasachi Mahanta, Principal of Gargaon College lauded the efforts of the NSS Unit of the college for organizing such an awareness programme and familiarizing the students about AIDs and its hazadarous effect. Dr. Rimjim Borah offered vote of thanks at the end of the programme.

### Flyer of the program

 **GARGAON COLLEGE**   
**WORLD AIDS DAY**

1ST December, 2022

*Special Talks*

DIGANTA KONWAR  
DR. CHIRANTAN BHAGAWATI

*Organised by*

**NSS UNIT, GARGAON COLLEGE**  
In Collaboration with  
**ECO CLUB & IQAC**

Venue: Academic Gallery  
Time: 11 A.M



Participants present (Scanned copy of the attendance)

World Aids Day ON 1ST DECEMBER, 2022			
1	Kaustav Chetia	36	Indrani Saikia
2	Biswajit Dutta	37	Annapriya Dutta
3	Tendon Borgohain	38	Hirokijyoti Handique
4	Bikash Sharma	39	Deepshikha Gharphalia
5	Abhilash Sharma	40	Rishashree Chetia
6	Jahan Ali	41	Munmi Duwarah
7	Tonmmoyee Dutta	42	Arfina Ahmed
8	Smiriti Konwar	43	Niharika Borgohain
9	Apurba Saikia	44	Subhankhi Chetia
10	Joyshree Rajkumari	45	Donipal Panitula
11	Priyadarshini Gogoi	46	Jeshi Gogoi
12	Munmi Dowarah	47	Bepul Konwar
13	Ashif Ali	48	Pronoy Dutta
14	Richashree Chetia	49	Kaushik Chetia
15	Rahul Bailung	50	Barbee Konwar
16	Gyatree Gogoi	51	Rahul Gogoi
17	Orchid Changmai	52	Rituraj Changmai
18	Ruponjoyti Chetia	53	Porag Jyoti Boruah
19	Gargi Baruah	54	Amar Jyoti Chetia
20	Karabi Gogoi	55	Abhijit Ghatuwar
21	Arfina Ahmed	56	Utpal Changmai
22	Niharika Kurmi	57	Mousum Gogoi
23	Riya Chetri	58	Nelutpol Boruah
24	Parishmita Mazindar Baruah	59	Bakhishtha Chetia
25	Parstuti Bazboruah	60	Ankumoni Borah
26	Darshana Dutta	61	Sonali Koiri
27	Ajjur Rahman	62	Niha Mech
28	Yasmin Begum	63	Barakha Buragohain
29	Warisha Begum	64	Prity Konwar
30	Monalisa Das	65	Jintu Mech
31	Sumon Loha	66	Dimpi Rajkhowa
32	Junti Tassa	67	Dipika Boruah
33	Joyshree Rajkumari	68	Rajdeep Borgohain
34	Kalpana Borah	69	Luit Jyoti Moran
35	Kalyani Konwar	70	Bikash Sharma

*Rimjen Borah*

Dr. Rimjen Borah  
Programme Officer, NCC Unit  
of Gargaon College Simalguri  
Sivasagar, Assam



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### Photos of the program

